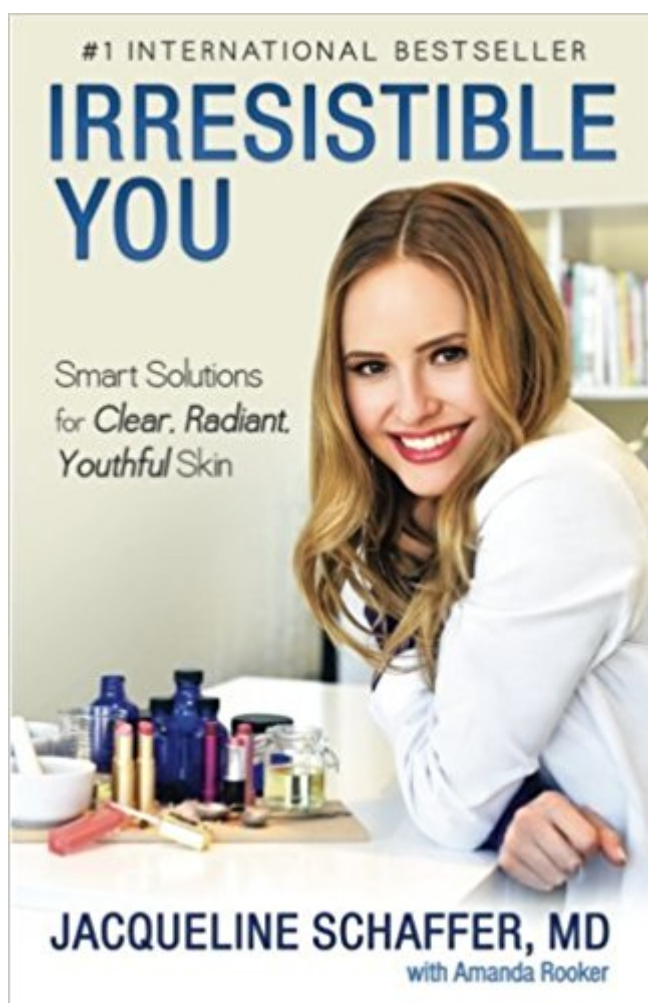


The book was found

Irresistible You: Smart And Schique Solutions For Clear, Radiant, Youthful Skin



Synopsis

Clinical Dermatology Meets Cosmopolitan: Real Solutions for Your Skin Care Problems As a medical doctor and daughter of a skin-cancer survivor, Dr. Jacqueline Schaffer has made it her mission to educate women about what creates a lifetime of vibrant, beautiful skin- and what doesn't. Whether you want to clear up your acne naturally, soothe eczema flare-ups, or gently turn back the clock, IRRESISTIBLE YOU is the first and last book you'll need to become your smart, sexy, sophisticated self, inside and out. "I have been so impressed by Dr. Jacqueline Schaffer's passion and drive to help all women be their most beautiful." -Quincy Jones, 27-time Grammy Award-winning producer, composer, and musician. "Thank you, Dr. Jacqueline Schaffer, for sharing your secrets to being truly irresistible inside and out!" -Jeannie Mai, Television personality and style expert. "Finally! A book that helps you understand your skin and what to do to make it glowing and radiant from the inside and out!" -Dr. Zelana Montminy, Author of 21 Days to Resilience and Doctor of Psychology "The must-read book for everything anti-aging." -Lizanne Falsetto, Founder and CEO of thinkThin incorporated "Irresistible You is one of the most accessible skincare books for women.. educating us on how to care for our skin and keep it looking its best at every age." -Barbara Lazaroff, Co-owner of Wolfgang Puck.

Book Information

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Customer Reviews

Dr. Jacqueline Schaffer is a board-certified medical doctor, former professional model, and founder

of Schique Cosmetics, an anti-aging luxury skin care line. Dr. Schaffer's mission is to restore the time-honored art of skin care and rituals of rejuvenation that have been largely replaced by harsh and even toxic products designed to profit corporations rather than women's natural beauty. Through www.irresistibleyou.com and Schique, she seeks to provide women with the education and tools they need to help clear acne and fight premature aging in a fun and simple way. Originally from Northern California, Dr. Schaffer currently lives in Los Angeles.

WOW! I learned so much about my skin type (dry) and what's best for it. I learned about the best ways to treat acne and tips for anti-aging (which we all need). Also, there are DIY recipes which I'm excited to try. Thank YOU Dr. Schaffer for a wonderful and informational read :).

In today's world of hyper inflated beauty secrets tips, my purchase of Dr. Jacqueline Schaffer's book, "Irresistible You", was a great choice! I specifically targeted her oily skin recommendations from the DIY green tea mask requiring only four natural ingredients easily found in one's pantry to targeting the right foundation, moisture /concealer along with practical daily beauty guidelines. As a professional empty nester, I am still super busy and believe it or not, this book inspired me to invest a little more time on me! Vivienne Kiono

We all want healthier and better looking skin. You can tell the author (inspired by her mother's skin cancer) genuinely shares the same concerns that real women face today. I was always so worried about what my makeup, haircare, and beauty products were doing to my skin - but now I am empowered with the knowledge to make smarter decisions about my beauty regimen for my specific skin type, including the products I consume. Dr. Schaffer covers not only what to put on your skin, but also the foods that you put in your body. This book is filled with step by step clear solutions - from anti-aging to zits, I recommend it for any woman who wants to look and feel their best!

It is so great to finally find a book that specially talks to you about your skin type. I have spent so much money on products that didn't work. Now I know the secrets. If you have been frustrated about your skin and are looking for answers here it is. My skin has never looked so beautiful and that is important to me because the first thing anyone sees is your face. Thank you Jacqueline!!!!!!C

I was disappointed that throughout the book it basically stated and I am paraphrasing that if you want more information on the subject being discussed to visit the website. I would must rather have it stated in the book. I also was looking for your opinion on what brands were recommended for each skin type and also more DIY products you recommend.

What an awesome and easy-to-read book for anyone who has experienced problems with their skin! Dr. Jacqueline Schaffer offers tangible solutions that I can apply in all aspects of my life for not only better skin but a healthier me. This book is applicable to all ages and every skin type.

Irresistible You has taught me organic beauty tips as well as quick healthy food recipes that I can implement in my everyday life. Great book with an overload of information regarding the skin and body.

Loved the anti-aging meal plan. Great ideas for snacks and meals. Fun to read.

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